

L&F Training Academy

Part of the **L&F** Inspired Hair Group

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L&F Training Academy offers over 40 recognized accredited courses in Hairdressing, Beauty, Barbering, Health & Safety, Retail, Customer Service, and Business Administration, all within a personalized professional environment.

L&F Training Academy is fully equipped for training with a team of experienced and fully qualified staff committed to giving you the opportunity to develop vocational skills.



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Apprenticeships & Traineeships **PROSPECTUS**



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Do you need to refresh your skills or upskill your CPD?

What are Apprenticeships and how do they work?

Find out what L&F Training can do for you



Who we are

Established over 10 years ago, the L&F Training Academy specialises in work-based training. We offer bespoke apprenticeship training programmes to a growing number of employees and employers across the Bristol, North Somerset, Somerset and Devon regions.



At L&F we tailor all our courses to meet both the business and individual learner's needs. The Academy operates the most up-to-date training methods which are delivered by a professional team. L&F is a leading provider within the service training industry and offers top-class courses within Hairdressing, Beauty, Barbering, Retail, Health & Safety, Customer Service, and Business Administration.



What are Apprenticeships?

An Apprenticeship is essentially a set of qualifications called a 'standard'. Most Apprenticeships follow a format which consists of a technical diploma, an NVQ diploma and functional skills.

All of our Apprenticeships are designed by L&F Training Academy in close collaboration with employers to reflect the current market and industry needs. They offer a structured programme which provides the apprentice with the skills needed to do the job well. Apprentices will usually attend the Academy for day/block release as well as receiving practical training in the workplace; this depends on the course they are studying. They will work towards their Apprenticeship qualification by studying technical skills and carrying out



practical assessments. As an Apprentice you benefit from receiving on-the-job training in the workplace.

What are the components of Apprenticeships?

The technical qualification focuses on the knowledge and understanding which underpins the NVQ and concentrates on the theory side. There is a commitment to a minimum number of hours of teaching, which can be at the Academy or in the employer's premises.

The NVQ focuses on the practical skills required to do the 'day to day' job and also demonstrates the ability at work and the ability to do the job. The NVQ itself is work-based and this element is usually achieved through assessment and training where specific units are selected at the start of the Apprenticeship programme.

Functional skills are core elements of English, Maths and ICT which provide individuals with the skills they need to operate confidently, effectively and independently at work. If the Apprentice does not have the required GCSE grades C or above in these core subjects, then they will be delivered as part of the Apprenticeship.

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